



## Bio-Identical Hormone Replacement Therapy using Sottopelle



You don't have to live with the symptoms anymore! Are you tired all the time, do you lack sexual desire, depressed, can't focus, experience hot flashes or gained weight? All of these symptoms listed can be caused by a hormonal imbalance, by simply replacing what hormones your body is deficient in can correct these symptoms. Unfortunately, in 1991 shock waves were sent through our society when the Women's Health Care Initiative Study was halted prematurely due to a slight increase in breast cancer and cardiovascular disease with women taking oral conjugated estrogen, estrogen derived from pregnant horse urine, such as Premarin. The conclusion reached by society was that all

hormones caused the same problem. This simply is not true. Bio-identical hormones are not the same, they are identical to that which the body produces, and does not cause any of the problems that estrogen derived from horse urine may cause. In addition, there has been an abundant amount of research papers published in respected international journals documenting the beneficial effects of Bio-Identical Hormone Therapy since the 1930's. Due to the fact that pharmaceutical companies are unable to manufacture and sell these naturally occurring hormones, Bio-Identical Hormone Therapy has been ignored because of the political agenda's of pharmaceutical companies in the United States.

Bio-Identical Hormone Therapy can be delivered in many ways via pills, patches, creams, injections and pellets. The most physiologic way of administration is via pellet therapy because the hormone levels are maintained constantly without the peaks and troughs seen with the other methods. Pellet therapy (Sottopelle) is delivered by placing the hormones directly under the skin allowing the body to access the hormones constantly whenever the body is in need. This convenient method allows delivery of

hormones for 3-6 months, without having to remember to take a daily pills or possibly having skin irritation from creams and patches.

Bio-Identical Hormone Therapy can help both men and women achieve the natural healthy balance of hormones their bodies need to maintain optimum well-being.

Some of the benefits of Bio-Identical Hormone Therapy include:

Enhancement of libido and/ or increased sexual desire • Relief from anxiety and depression • Reduced fatigue & increased energy levels • Increased energy, focus, mental clarity and concentration • An increase in lean body mass and a decrease in body fat • Improved memory • Consistency in moods • Reduction in feelings of anger, nervousness and irritability

Bio-Identical Hormone Therapy is initiated only after a complete medical history and specific laboratory testing to evaluate deficiencies in hormones such as the, thyroid, estrogen, testosterone, and progesterone to name a few. Depending on the results of the laboratory testing, medical history and symptoms, the appropriate hormone and delivery method is chosen. After two weeks most clients are stating, "I feel wonderful" or "My husband thanks you for bringing me back to him." You simply don't have to live with the symptoms anymore!

*Dr. Jean Claude Nerette is certified in SottoPelle Bio-Identical Hormone Treatment. He performs all treatments at his Medical Spa - Bellissimo Medical Spa & Salon. At Bellissimo we strike the perfect balance between the clinical and the luxurious. We provide an all-inclusive facility where you can receive salon services, as well as a visit with a Board Certified Physician for all your medical and health care needs. Bellissimo Medical Spa & Salon is located at 2665 Executive Park Drive #3 in Weston, 954.384.8989. Call us for your complimentary consultation to see if Bio-Identical Hormone Therapy is right for you.*

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