



## Is Bioidentical Hormone Replacement for you?



Have you noticed that you are a bit more irritable than usual? Are you having difficulty sleeping? Is your skin dry? Do you suffer from a lack of sex drive? Are you sometimes confused, feeling that you just can't think straight? Are you gaining weight, losing muscle mass, feeling sluggish, depressed and irritable? If you have felt any of these symptoms, you are not alone! Millions of men and women go through this not realizing that their feelings are because of hormone deficiencies and imbalances.

As you age, your body produces lower levels of hormones that are vital to your health and well-being. By bringing your hormones back to the levels they were during your 30's, you can begin to feel and look your absolute best. Through Bioidentical Hormone Replacement, you can experience improved energy and greater enjoyment of life. Bioidentical hormones are manufactured in the lab to have the same molecular structure as the hormones made naturally by your own body. The great appeal of bioidentical hormones is that they are natural hormones, which have been shown to be safe and effective with minimal side effects.

A comprehensive medical history, physical exam and evaluation of hormone levels such as estrogen, progesterone, thyroid, testosterone and growth hormone obtained by blood, urine or saliva will determine your

unique clinical picture. An individualized program is then developed to cater to your specific needs of hormonal deficiencies. The replacement of these hormonal deficiencies with bioidentical hormones may be in the form of gels, creams, pills, injections or pellets. Most individuals experience an almost immediate relief of symptoms with bioidentical hormone replacement; however for some it can take up to two weeks. To optimally monitor hormone levels and make adjustments in medications, lab testing along with physical exam and evaluation may be repeated every 3-6 months.

If you are experiencing symptoms of hormone imbalance, natural hormones may relieve your symptoms, improving your health from the inside out...get your energy back and feel strong and vital once again. Improve your sex-drive, sleep better, lose weight, have more focused thinking, as well as clearer, younger looking skin.

*Dr. Jean Claude Nerette owns and operates Bellissimo Medical Spa & Salon. We provide an all-inclusive facility where you can receive salon services, as well as a visit with a Board Certified Physician for all your medical and health care needs. With a passion for safety, service and innovation, we are committed to exceeding the expectations of our clients. Bellissimo Medical Spa & Salon is located at 2665 Executive Park Drive #3 in Weston, FL 33331, 954.384.8989. Call us for your complimentary consultation to see if Bioidentical Hormone Replacement is for you.*

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